

# ARMY COLLEGE OF NURSING JALANDHAR CANTT

## BUDDY PROGRAMME

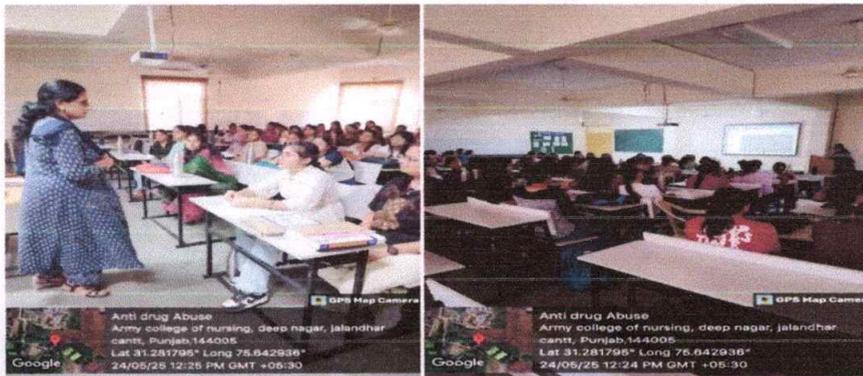
**DATE : 24, May2025**

**TIME: 12:00Noon-1:00PM**

**AUDIENCE : STUDENTS**

The buddy programme of BFUHS has a unit in ACN has organised as an awareness programme. A lecture on **Anti-Drug Abuse** was conducted for the students with the aim of spreading awareness about the harmful effects of drug use and promoting a drug-free lifestyle among the youth. The session was delivered by **Ms. Harpreet Kaur**, a distinguished for her dedication to youth empowerment and social awareness initiatives.

She began the lecture by highlighting the rising concern of drug abuse among students and its detrimental impact on physical health, mental well-being, academic performance, and future prospects. She emphasized the importance of making informed life choices and staying away from harmful substances that can lead to addiction and social isolation.



*Harpreet*